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For immediate release**January 2, 2007****2007 Season for Nonviolence Launches 64 Day Practice Campaign on January 30th**

DALLAS - Imagine the whole city of Dallas paying attention to the notion of nonviolence in all we say and do. Imagine everyone in Dallas practicing the wisdom of nonviolence as Gandhi and Martin Luther King, Jr. advised.

What if every school and business contemplated a particular practice of nonviolence every day for 64 days? What kind of city would Dallas become? What kind of family life would we experience? How would the conscious practice of nonviolence change us individually and collectively?

The “**Season for Nonviolence**” is our chance to find out.

What:

A Season for Nonviolence is a national 64-day educational, media, and grassroots campaign dedicated to demonstrating that nonviolence is a powerful way to heal, transform, and empower our lives and our communities. Inspired by the 50th and 30th memorial anniversaries of Mahatma Gandhi and Dr. Martin Luther King, Jr., this international event honors their vision for an empowered, nonviolent world.

When:

A Season for Nonviolence spans 64 days, beginning on January 30 and ending on April 4, commemorating the memorial anniversaries of Dr. Martin Luther King, Jr. and Mahatma Gandhi.

How:

In order to create a more peaceful world, we must learn to practice nonviolence with one another on a day-to-day basis right here in Dallas. During the 64 days of the Season for Nonviolence, daily ideas are available at www.64-Days.org to help participants grow in their ability to live without violence. For example one might contemplate this idea:

Relationships based on nonviolence are built on the ability to see and understand another human being, whether or not we agree. Seeing people from our common ground gives us practice for bringing nonviolent actions, choices and behaviors into our communal life.

This concept can be grounded by a daily practice such as:

Day 44 – COOPERATION (March 14)

When we work together, we are stronger than when we work alone. Today, find one significant way you can cooperate more effectively with the people in your family or workplace, school or community. Do it.

Getting involved:

Visit www.64-Days.org for local events, as well as age-appropriate resources for your family, school, business or church. Download and share materials that will spread the word about the Season for Nonviolence.

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About us:

Dallas patrons for the Season for Nonviolence include: Dallas Peace Center, Greater Dallas Community Relations Council, Thanks-Giving Square, Center for World Thanksgiving, United Nations USA, Dallas Chapter, and Peacemakers, Inc., and Sanctuary for Life.

The local task-force for Season for Nonviolence is the Center for Spiritual Living and Unity Church.

Previous sponsors have been The Hockaday School, Celebration of Life Church of Religious Science, Church Women United, Dallas Peace Center, First Unitarian Church of Dallas, Transfiguration Labyrinth Project at Episcopal Church of the Transfiguration, Midway Hills Christian Church, The Baha'i Faith of Dallas, and Interfaith Mindfulness Ministries.

National Patrons include M.K. Gandhi Institute for Nonviolence (Arun Gandhi-Dunanda Gandhi), Lafayette & Associates - Kingian nonviolence Training (Dr. Bernard Lafayette), Youth Nonviolence Training Program) Alicia Renee Farris, Michigan Institute for Nonviolence Education, Association for Global New Thought (Rev. Mary Manin Morrissey and Dr. Michael Beckwith), Fellowship of Reconciliation (Dr. Richard Deats) and Interfaith Center of New York (Dean James Parks Morton).

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