

February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>"Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but rather we have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit." --Aristotle</p>				1 Encourage someone	2
3	4 Thank your school secretaries	5 Help someone who has fallen down	6 Brainstorm kind things you can do in your school	7 Walk a dog	8 Make a class kindness collage	9
10	11 Start a kindness "pass it on" card	12 Write why each student is special to the class, and display the results	13 Help a classmate with a difficult subject	14 Give a Valentine to someone who needs a lift	15 Eat lunch with someone new	16
	Random Acts Of Kindness Week		Random Acts Of Kindness Week		Random Acts Of Kindness Week	
17 --- RAK Week ---	18 Invite someone new over	19 Teach a young child something new	20 Be kind when it's difficult	21 Thank someone who helped you	22 Make a small gift for a classmate	23
24	25 Share a pencil	26 Ask a new student to join your friends and you	27 Do the right thing	28 Vacuum your room	29 Write a letter to a friend who moved	